

the Geneseean

Genesee Valley Chapter, Adirondack Mountain Club
October, 2008

Vol. 43, No. 2



CHAPTER MEETING

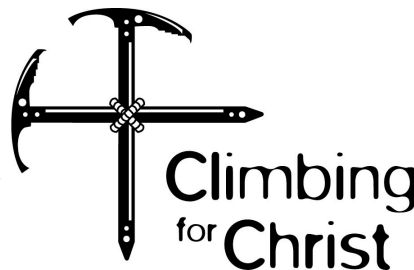
Wednesday, October 8, 2008

(next meeting: November 12, 2008)

Eisenhart Auditorium, Rochester Museum and Science Center

7:30 p.m. Program: Gary Fallesen, CLIMBING TO THE ENDS OF THE EARTH

Gary Fallesen left the relatively cushy environs of a newsroom to step out and deliver news of another kind to high places around the world. As the founder of Climbing For Christ, an international ministry with members in 39 countries, the Democrat and Chronicle's former outdoor writer has trekked or climbed all over the Earth. In December, he will return to Haiti for the fifth time in three years. Climbing For Christ is working with villages in the Chaîne de la Selle mountains there, bringing education, medical aid, water systems, sanitation, and agricultural assistance. A recent Food Bank has fed more than 650 people suffering through a seven-month drought. A Seedling Bank program has begun to help 90 farmers with their crops. Other service projects are being conducted by Climbing For Christ in China, Tanzania, Indonesia, Nepal, the Philippines, and in parts of the United States. Come see a travelogue of some of Gary's adventures. The goal of Climbing For Christ is to go where other missionaries will not or cannot go to serve the physical and spiritual needs of people living or visiting those remote mountain areas.



Gary is a Rochester native and graduate of Greece Arcadia High School and St. John Fisher College. He went full-time into ministry after 27 years at the Democrat and Chronicle. He has been married to his wife Elaine for 26 years and they have two children (a son Jesse, 18, and a daughter Hayley, 14), who enjoy travel, climbing, hiking, camping, and coffee shops.

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6:30 p.m. Workshop: Astronomy

Enjoy this October workshop as our very own Jackson Thomas shares his knowledge of a unique and observable universe. Whether out for a moonlit hike or in your back yard, using instruments or the naked eye, now is your opportunity to learn more about the stars.



The Chair's Corner



Gary Dewitt, Chapter Chair

October is one of my favorite months to get outdoors. Most of the bugs are done for the year, there is great sleeping weather, and the colors in the forests become magnificent. For all you fair weather outdoors people, don't put your gear away just yet, winter won't arrive for some time. Make some time to get out and revel in what Nature has to offer this month. It does bear repeating, however, that hunting season is starting up. Take normal precautions in the woods this time of year and wear blaze orange to be readily seen.

We often forget how many opportunities abound right in our back yard to enjoy the natural beauty of our state, hiking, paddling, camping, cycling and other outdoor activities. I have been asked numerous times about close weekend getaways. Within several hours drive you can be in any number of state or national forests, or trails that bisect the state. If you haven't hiked the Finger Lakes Trail, you are missing out on a state gem. Heck, trails abound in Monroe and surrounding counties that you can access for a spur of the moment day trip. The Finger Lakes National Forest in Schuyler County is a patchwork of multi-use land with a branch of the Finger Lakes Trail passing through it, and it is less than two hours from Rochester. You can be in any number of State Forests in Allegany County in an hour and a half. The Tug Hill Plateau and all its glory are little over 2 hours away.

Western NY is rich in State Wildlife Management areas and two National Wildlife Refuges. We have a canal system that crosses the state. These are but a hint at what we have in our backyard. I hope to see you out on the trail this fall.

Rochester Peregrine Falcons

Quest, one of this year's baby falcons that hatched on top of the Kodak Office building, was fitted with a transmitter that reports her position. As of mid-September, she has been hanging out at Cape Cod for a few weeks. She was even photographed by someone who noticed her antenna. You can follow Quest's travels at <http://rfalconcam.com/imprints/>.

JOIN NOW!

Send this form with payment to: Adirondack Mountain Club, 814 Goggins Road, Lake George, NY 12845-4117. Join by phone with a credit card by calling 1-800-395-8080 or by visiting www.adk.org.

Name _____

Home Telephone _____

E-Mail _____

Your e-mail address will not be distributed to outside organizations.

This brochure came from:

- Adirondack Loj ADK Member Services Center
- High Peaks Info Center ADK Chapter
- Other Source _____

Please enroll me as:

- A member of GV chapter
- Member at large

For family memberships only:

Spouse _____

Child _____ Birth date _____

Child _____ Birth date _____

Child _____ Birth date _____

Please choose a membership level:

- Individual \$50 Family \$60 Senior (65 and over) \$40
- Senior Family (65 and over) \$50 Student \$40
- Individual Life \$1300 Family Life \$1950

I/We want to support ADK's programs and services with an additional gift of :

- \$25 \$50 \$75 \$100 Other _____

- Check enclosed (U.S. funds only)
- Please bill my VISA MasterCard American Express
- Credit Card # _____
- Exp. Date _____ Signature _____

ADK is a non-profit, tax-exempt organization. Membership fees, excluding \$10 for membership benefits, are tax-deductible. Please allow 2-3 weeks for receipt of your new member packet and up to 8 weeks for *Adirondack* magazine.

Chapter Hotline (585) 987-1717

Options:

1. Monthly meeting and chapter information.
2. Membership.
3. Sunday hikes.
4. Trails schedule.
5. Waterways schedule.
6. Conservation.
7. Younger Members Group.
8. Saturday hikes and other local outings.

Also, check the web page:
<http://www.gvc-adk.org>

From the Trails Committee

AWAY TRIPS

West Canada Lake Wilderness Area Lean-To

Repair: October 10-13

Join us as we help out the DEC by replacing roofs on Brooktrout and West Lake #2 lean-to's. We will backpack into Brooktrout Lean-to on Saturday morning after spending Friday night at one of the campsites in Moose River Plain area. We will replace the roof on Brooktrout Lean-to Saturday and replace the roof on West Lake #2 on Sunday.

We will hike out on Monday. The hike into Brooktrout Lean-to is six miles and West Lake #2 is another two miles. All welcome especially if anyone has roofing experience. Contact Dave Harrison, dave.harrison@thomson.com or 442-3223.

Deer Hunting Season Dates for 2008

zone	regular season	bowhunting
northern zone (includes Adirondacks)	Oct. 18 - Dec. 7	Sept. 27 - Oct. 17
southern zone (includes Monroe County and Finger Lakes area)	Nov. 15 - Dec. 7	Oct. 18 - Nov. 4 Dec. 8 - Dec. 16

LOCAL HIKES

Sunday hikes continue each and every Sunday. Call the Hotline, 987-1717, option 3, for meeting time and place.

Saturday hikes and other local hikes can be found on the hotline, 987-1717, option 8, or check the web site, www.gvc-adk.org, under Outings then Hiking then Local Hikes.

From the Conservation Committee

It's time for the annual fall highway cleanup!

Saturday, October 25

If you have always wanted to become active in the chapter, but don't have time for a regular committee, consider helping out on this event. If you are a new member, come and meet people.

Which Highway? Route 531, near Elmgrove.

Where to meet? The Delta House Restaurant, 2550 Buffalo Road, located just off I-490 on Route 33, Buffalo Road West. It is on the right side of the road, just off the Route 33 West ramp of I-490.

When? We will meet for breakfast 7:30 - 8:30 a.m. Anyone not having breakfast with us meet us in the Delta House parking lot at 8:30 a.m.

What to bring? Work gloves, water, appropriate foot wear, rain gear.

We will provide: Orange trash bags, orange vests, tongs for picking up trash.

Need more information? Contact Dave Harrison at 442-3223, dave.harrison@thomson.com, or Tim Noble at tnoble@rochester.rr.com.

Younger Members

October 5 - Stony Brook Park Hike – West Rim & Gorge Trails. We will meet at the trailhead for the West Rim Trail. This is an approximately 2 mile hike. Please contact Jo (RubyBayGonya@aol.com, 478-7461) if you wish to attend or if you need to carpool. 10:00 a.m. start time for the hike. If there is enough time and interest we may even have a BBQ lunch (please bring a dish to pass).

October 10 – Zarpentine Corn MAiZE - This maze of corn is always a challenge, whether you're just trying to make your way through it, answer the questions to help you find your way, or to collect all of the colored popsicle sticks. The MAiZE is located in Hilton NY and with just a small group of ten people or more the MAiZE is only \$6.00 per person. We will meet there at 5 p.m. and start the maze at 6pm. Plan on at least four hours, bring flashlights, and warm clothes – we go rain or shine, unless the MAiZE is shut down. The MAiZE's website is: http://www.zarpentinefarms.com/The_MAiZE/the_maize.html. Please contact Courtney (cbelluccio@monroec.edu, 585-202-1076) if you wish to attend or if you need to car pool by October 1.

October 11 - Chimney Bluffs Hike & Apple Picking. We will meet at Frontier Commons at 9:00 a.m. to carpool to Sodus Point where we will hike the Bluffs Trail at Chimney Bluffs State Park. This is a spectacular place to hike. Please dress in layers as the lake breeze can be a little chilly this time of year. After the hike we will go to Lagoner Farms to pick apples and walk around their farm market. We will be able to stop along the way to eat lunch. Please contact Jo (RubyBayGonya@aol.com, 478-7461) if you would like to attend.

October 25 - Genesee Valley River Gorge Hike with OAU and Geology Club – Join the Outdoor Activities Unlimited Club and Geology Club of Monroe Community College as they hike along the Genesee Valley River Gorge. We will meet at 9 am and walk for approximately 3-4 hours. More details will follow shortly. Please contact Courtney (cbelluccio@monroec.edu, 585-202-1076) if you wish to attend or if you need to car pool by October 10.

November 7-9 – Eagle Bay Camping Trip. We will travel to the Old Forge area and stay in a cabin on Darts Lake at

WHO WE ARE & WHAT WE DO:

The Younger Members Committee is geared towards members of the Genesee Valley Chapter of the Adirondack Mountain Club who are in their twenties or thirties, but everyone is always welcome. We've come a long way since the winter of 2000-01, with over 300 subscribers to our Yahoo Groups site, many of them active members in our chapter. Nice work, YMs!

Our objectives are to enhance the ADK experience by:

- Providing opportunities to meet other members
- Encouraging participation in activities sponsored by the chapter and club
- Educating new and younger members about programs and events sponsored by the Education, Conservation, Trails, Waterways and other committees.

We host many types of activities and social gatherings, including local day trips (hiking, paddling, biking, etc.), some weekend trips (camping, backpacking locally and in the Adirondacks) and social gathering including kickball games, and trips to local Rochester events. Attend one of our upcoming events, and be prepared to have fun, meet new people, and share ideas for future activities and events.

GET INVOLVED!

Just like any other part of the Club, none of the Younger Members' activities would happen without volunteers. We need you to get involved by leading an activity or organizing a social outing. Do you have an idea for a fun activity? Please contact Jo or Courtney to add to the schedule.

CONTACT US:

Committee Chair/Calendar:
Jo Roy, RubyBayGonya@aol.com
Courtney Belluccio, corn_14606@yahoo.com

Camp Gorham. We need a minimum of 6 people for this trip, but the more people we have, the less it costs each of us. Once we are at Camp Gorham there are many trails in the area to hike, as well as Darts Lake to kayak on. We will meet at Frontier Commons on Friday at 9:00 a.m. and carpool to Eagle Bay. The cost of the trip, at this point, is \$60.00 per person prepaid. Please RSVP with Jo (RubyBayGonya@aol.com, 478-7461) by October 10. If we have 6 people RSVP'd by October 10, we will be able to take later RSVP's, but we do limit the group size to 12 people, so please RSVP early!

From the Waterways Committee

To join the **Waterways Email List**, check us out online at: <http://groups.yahoo.com/group/ADK-GVC-WW> or send an email to: ADK-GVC-WW-subscribe@yahoo.com.

Waterways Meetings:

September 24 at 6:30 pm at Luann Mongelli's house in Irondequoit. Contact her at luannm@rochester.rr.com.

October 15 at 6:30 pm at Steve & Corky Tryon's house. Contact them at stryon@rochester.rr.com.

No waterways meetings in November or December.
Annual holiday party in January, place and date TBA.

Please remember: if you are going to continue to paddle during the fall season, dress accordingly. The water and air temperatures are going to begin to fall, which could put you in danger of hypothermia if you do not prepare properly. Anyone not sure of appropriate attire please check our web page which has some info, NRS catalogs, EMS stores, Paddle.net website, Canoe & Kayak magazine and website, The ACA web site. or contact me. Please use some common courtesy and notify trip leaders on your intent to participate in any upcoming paddles. With the fall season we tend to travel a little farther away from home which means more gas costs, so it might mean some last minute changes to paddles if no one contacts the trip leader. It is strictly up to the trip leader as to whether a trip goes on, gets changed, or cancelled, so please keep in touch with them.

Paddle updates :

If someone would like to lead a Monday paddle please contact me ASAP, chelman@rochester.rr.com.

The Tuesday night paddles will continue until Mark gets tired of leading them. These paddles are for intermediate to advanced kayakers only, must have open water paddling skills, (rough water with waves) self rescue and assisted rescues skills, Coast Guard approved lighting, PFD and a skirt for your boat hatch. Contact Mark Rakestraw for further details at mlrakestraw@yahoo.com.

The Thursday evening paddles are going to be on a trip leader availability only. We hope to have more on the schedule soon.

NEW PADDLES:

Sunday October 5: Waneta and Lamoka Lakes. We will explore these two overlooked lakes just south of Keuka Lake

in the Finger Lakes region that are not heard of very often.

Both lakes are connected by a channel of water that runs north to south from which we will launch. This paddle is open to kayakers and canoes and should be a easy paddle for most people of different levels of experience. We will start off by exploring the bigger of the two lakes to the north of the channel, Waneta Lake, a round trip of about six miles. After a stop for lunch from the launch site we will cross the road and re-launch from the south boat launch to explore the smaller Lamoka Lake and its inlet to the south, a round trip of about seven miles.

We should see a lot of fall foliage on the shores of both of these lakes and the motorboat traffic on both lakes should be minimum given the time of the year. We will meet at the park and ride at Bushnell's Basin to consolidate boats and paddlers at 7:30 a.m. We will launch from the put-in at around 9:30 a.m. If you wish to meet us at the put-in please contact me for directions at platham@rochester.rr.com or 292-5301, trip leader Peter Latham. Please bring appropriate clothing for this time of year, lunch, PFD, and water. Hope to see many of you.

Saturday October 11: Genesee River from Charlotte to the lower falls downtown. I am trying to organize this paddle with the younger members and one of the local paddle shops. Hopefully the colors will be in full swing and we can make it to the island for lunch before our return trip to Charlotte. Start time 9:30 a.m. Approximate total trip time will be 3 to 3.5 hours including the lunch stop. Contact me at chelman@rochester.rr.com

Sunday October 19: Canandaigua Lake. Join me for my annual trip to the south end of Canandaigua Lake and a paddle up West River. This is going to be later than I usually lead this paddle so hopefully we will still have great colors and enough water to paddle far up the river. Alternative plan will be to paddle the southern end of Canandaigua Lake. Contact me for further details at chelman@rochester.rr.com.

Saturday October 25: Skaneateles Lake. Depending on weather conditions I am planning on making a trip to Skaneateles Lake. I usually paddle the north end but depending on participants maybe I will switch to the south end. Contact me for further details at chelman@rochester.rr.com.

More from the Waterways Committee

TRIP REPORTS

Erie Canal - Fairport to Macedon

July 6, 2008

Leader: Charlie Helman

What a wonderful day for a paddle! Today we had 10 boats from Rochester meet up with the three paddlers from the Mid-Hudson Chapter who were paddling in our local waterways for a nice day of paddling. They had spent Thursday through Saturday paddling and camping along the canal from the Black Creek put in on the Genesee River before we met up with them in Fairport. Once we met up we paddled along the canal until we got to Lock 30 in Macedon, where a number of paddlers ended their adventure only to watch as four paddlers continued into the lock and the adventure of going through the lock. It was the first time through for two of the paddlers so it added to the fun.

Participants: Luann Mongelli, Darlene Eastland, Stina Bridgeman, Betsy Lewis, Marshall Atwell, Ron Letzin, Phil Palumbo, Judy Bonno, James Bird and Charlie Helman

Honeoye Lake

July 19, 2008

Leader: Karen Pakulski and Bill Pakulski

Two paddles to choose from, a PTFL and a fun paddle. Five paddlers took the challenge to paddle the 9.2 miles around Honeoye Lake. All paddlers left from Sandy Bottom Park at the North End of the lake. A very warm day with a light breeze kept the lake calm. Those on the fun paddle kept to the West side of the lake and enjoyed the sights with a slower pace. We had the best lunch stop with the great view from the deck while we waited for the PTFL group to join us. We all finished the last mile together. Two people did their first PTFL - good job!

Participants: Karen & Bill Pakulski, Sue Green, Betsy Lewis, LuAnn Mongelli, Charlie Helman, Tony Imperato, Lynn Bellenger, Nancy Ytreberg, Stina Bridgman, Ann Dwyer, Karl Pleger.

Keuka Lake North End (Penn Yan)

July 26, 2008

Leader: Peter Latham

Eight paddlers started out from the public boat launch on Keuka St. in the center of Penn Yan. After a leisurely paddle down the Keuka Lake outlet to the lake we formed into two groups of four. Going down the east side of the lake the

faster group broke off and headed around 7.3 miles down the lake with second group doing slightly less. After crossing over to the west side both groups met up at Keuka college and had a lovely lunch on the colleges lake-side beach. A few participants even went for a swim from the beach before eating lunch.

After our lunch break we continued down the west side, keeping an eye out for the increasing number of ski boats and jet skis that were careening across the lake. We explored the outlet from the lake until the spillway terminated our adventure.

After loading our boats back onto our vehicles we had an ice cream stop at Seneca Farms Dairy on Rt. 54. It's funny how we always know where the nearest ice cream stand is after all of our paddles.

Tour De Genesee, Genesee River

August 16, 2008

Leader: Peter Latham

Eight paddlers had a very enjoyable paddle down the Genesee River from Avon to Black Creek at Ballantyne Road. We met at the take-out area on Black Creek at the public boat launch where we consolidated paddlers and boats before heading down to the put-in on Rts 5 and 20 just outside Avon. After a slippery launch off a steep muddy bank of the river we were on our way. With the help of a steady current we made very good time as the river meandered east to west in large arcs almost ox-bowing on itself in one spot. We stopped for lunch at Rt 251 just outside Scottsville before setting off again on our adventure. With the exception of two kayakers and several small motorized fishing boats there was not much traffic on the river. The mileage for the trip was 21.5 miles according to Bill Lawton's G.P.S., very close to my estimate from the maps that I had used to plan the trip. An outstanding time was had by all on a weather perfect day. I am already planning next year's Tour De Genesee, Genesee to Avon, since this leg was so enjoyable.

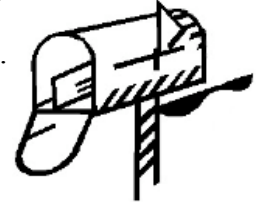


A reminder concerning minors participating in GVC-ADK activities

Minors are welcome to participate in GVC-ADK activities; however the minor (any person under 18 years of age) must be accompanied by a parent or legal guardian. If that is not the case, the minor must be accompanied by a responsible adult who must provide both a **Release of Liability for Minor** form and an **Emergency Medical Care** form signed by a parent or legal guardian. These forms are available on our web site (www.gvc-adk.org) for downloading under the heading **Forms**.

Change of Address?

Don't tell us--tell the main club.
They print our mailing labels.



Write:

Adirondack Mountain Club
Attn: Membership
814 Goggins Road
Lake George, NY 12845-4117

or email Sally Hunt, sally@adk.org

Be sure to give your old address as well as your new address.

GENESEE VALLEY CHAPTER
ADIRONDACK MOUNTAIN CLUB
P.O. Box 18558
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